## LOCK TENDER TRAINING









## The Concord River, Lowell



#### **Concord River Whitewater Rafting**

- What you'll see & learn
  - See Lowell from a unique perspective
  - "Thoreau's Portage"
- The experience
  - 2 trips through 3 sets of rapids





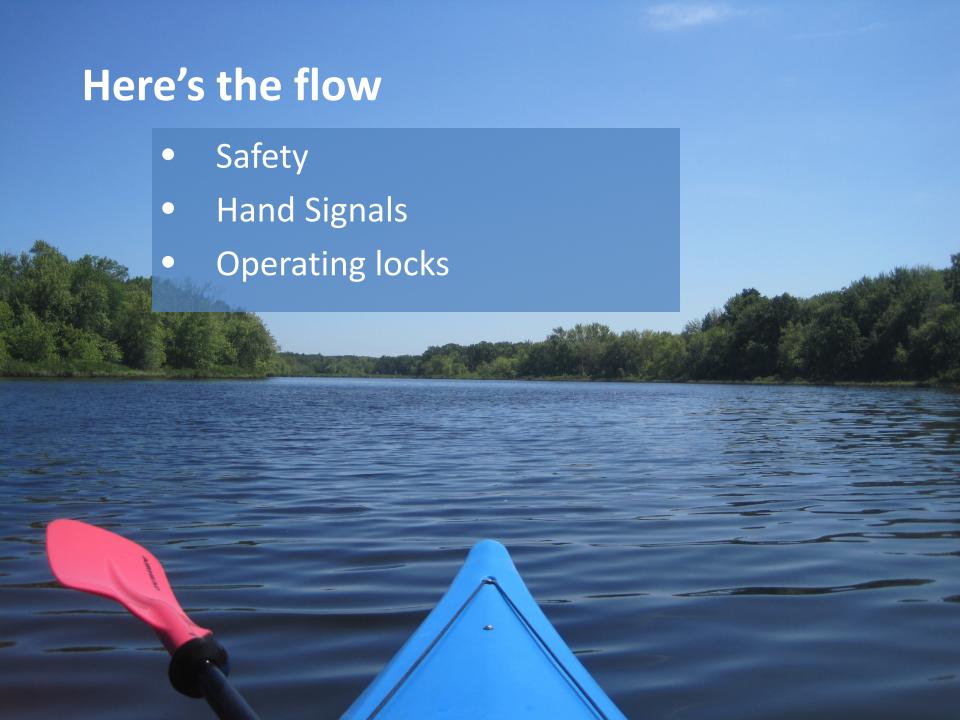


Concord River
Whitewater
Rafting and Lock
Tending

## Why lock tenders?

- Become part of living history!
- Lock tenders represent the Trust





## Lock tending items & safety

- Safety First! Stay alert & bring a good attitude
- Completed release form for the season
- Ability to lift a 50 pound key
- PDF (life preserver)
- Closed-toe footwear, good traction
- Lock-keys
- Throw bag/rope

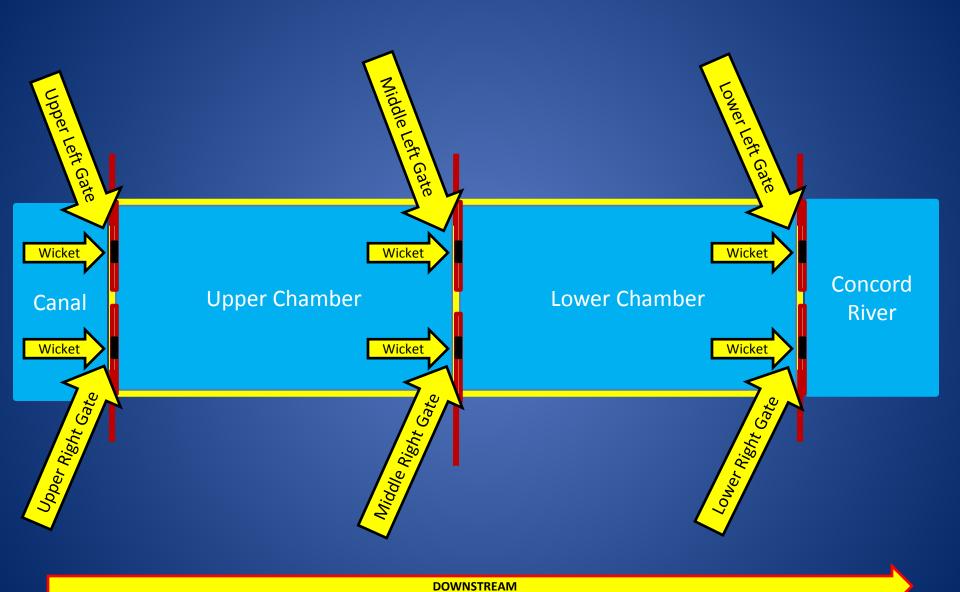




## Lock tending safety!

- If someone falls in close all wicket gates & use throw bag
- Always keep at least one hand on the iron lock key if it is attached to an open wicket gate (they can move suddenly)
- Do not put yourself between the wooden gate arm and the top of lock chamber wall in the direction the gate is moving.
- Advise all **spectators** to stay behind the green fence.
- Call 911 in the event of an emergency
- Watch out for yourself and those around you
- Location: behind the UMass Lowell Inn & Conference Center at 50 Warren Street





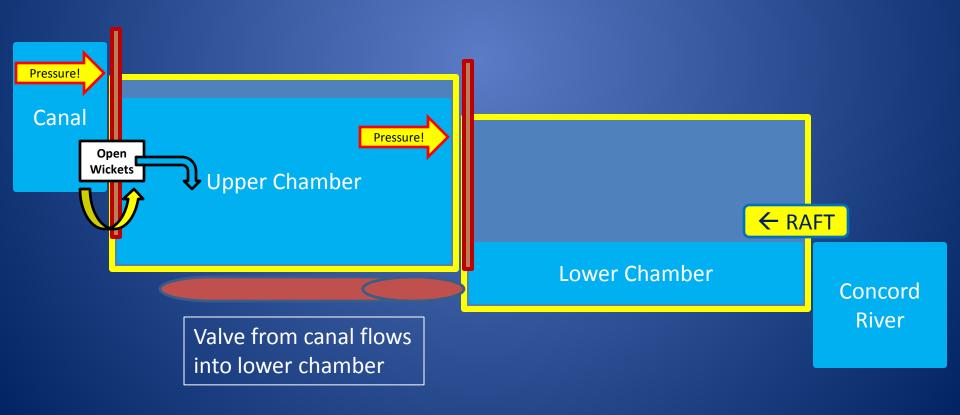


## Hand Signals

| SIGNAL   | MEANING  |
|--|--|
|  |  |
| Vertical slicing motion of one arm and hand                        | Open wicket  |
| Horizontal slicing motion of one arm and hand                      | Close Wicket   |
| Vertical slicing of both arms and hands                            | Open Gate  |
| Horizontal slicing of both arms and hands (a baseball "safe sign") | Close Gate   |
| Point at person. Two hand gesture toward body                      | Come help me   |
| Two hand gesture, palms out at head height                         | Stop   |
| Two hand gesture, palms out waving forward                         | Return to where you came from  |
| Thumbs up!   | Good job! – You did it! – That's exactly what I wanted you to do. – That's right. – Yes, that's what I mean. – Thanks! |



- Lock tenders located at upper gate & middle gate
- Close Middle Gates and Middle Wickets
- Open Upper Gate Wickets & fill with water from canal
- Open Lower Gate Doors for rafts to enter



#### 1) Close Middle Gates



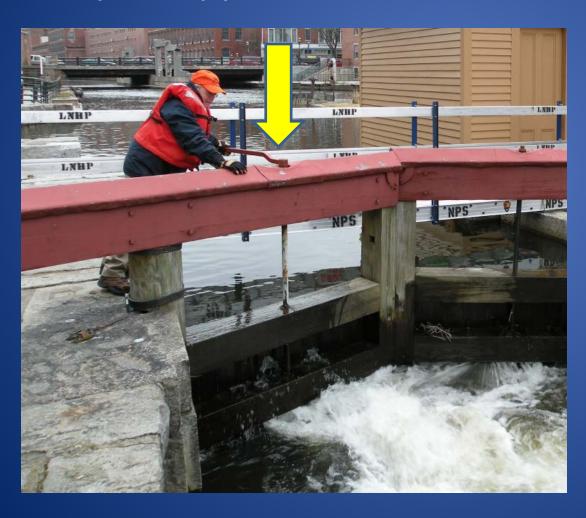


2) Close Middle Gate Wickets with key





#### 3) Open Upper Gate Wickets with key



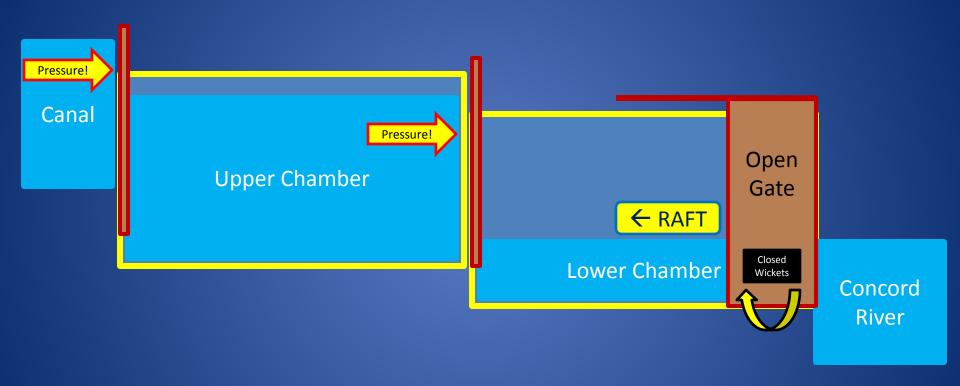


#### Fill the Lower Chamber

- Rafts enter the Lower Chamber
- Close lower gate wickets, close lower gates
- Lock tenders at middle and lower gates

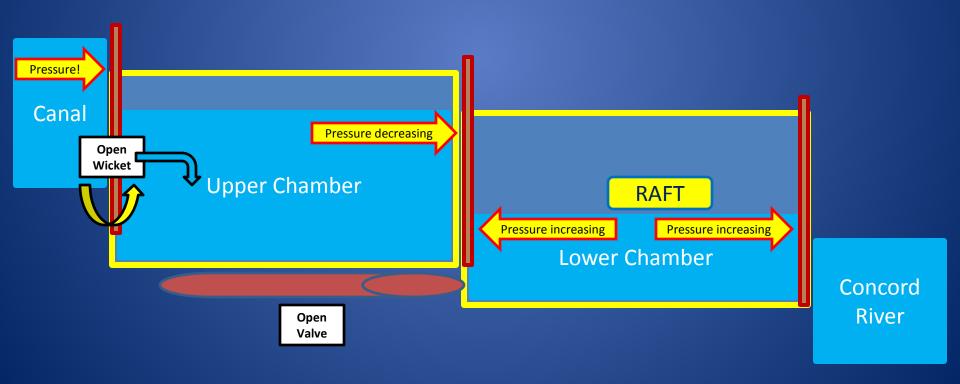


#### Fill the Lower Chamber



#### **Lower Chamber Lift**

- Close Lower Gate wickets
- Close Lower Gates behind rafts
- Open Middle Gate Wickets (keep upper gate wickets open as required)
- Valve helps balance water loss from chamber
- Water levels & pressure equilibrate



#### Fill the Lower Chamber

1) Open Lower Gates and allow rafts to enter





#### Fill the Lower Chamber

2) Close Lower Gate wickets with key





## Lower Chamber Lift

3) Close Lower Gates Behind Rafts





## Lower Chamber Lift

4) Open Middle Gate Wickets with key









#### Fill the Lower Chamber

5) Keep Upper Gate Wickets open as required



#### Fill the Lower Chamber

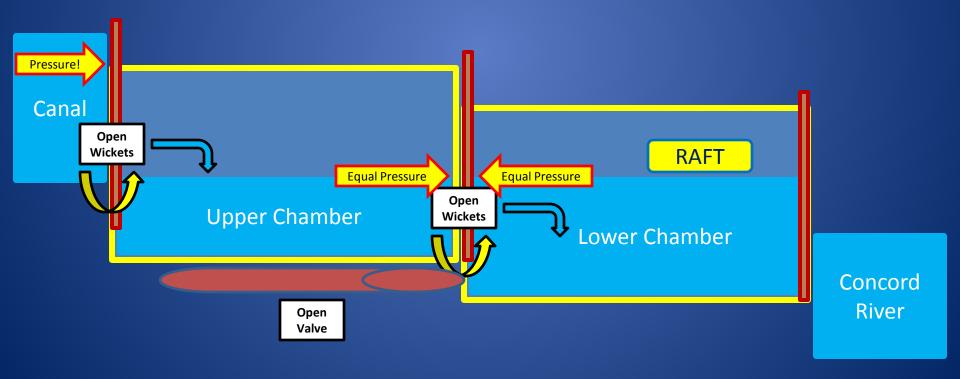


 Lock tender at middle gate connects with raft guide to indicate the gates are ready to be opened

#### Passage from Lower to Upper Chamber

- Equal water levels & pressure allows us to open the middle gates
- Keep water flowing through the Upper Wickets, Middle Wickets, and open valve to achieve this equilibrium.

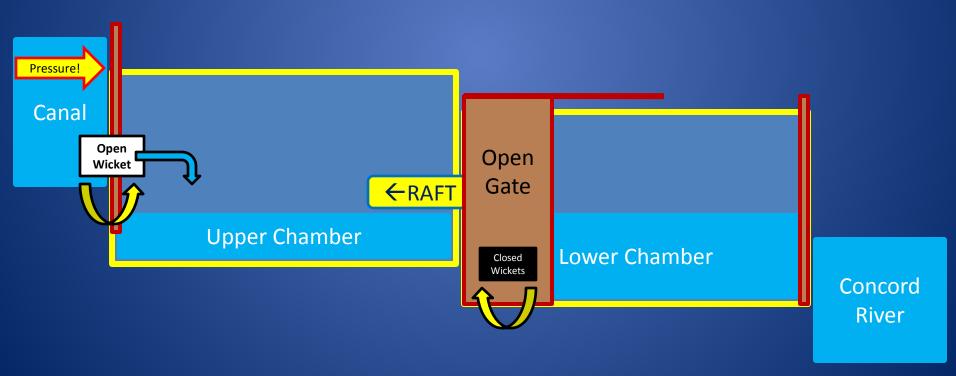
Note: too much pressure, you won't be able to open the gates!



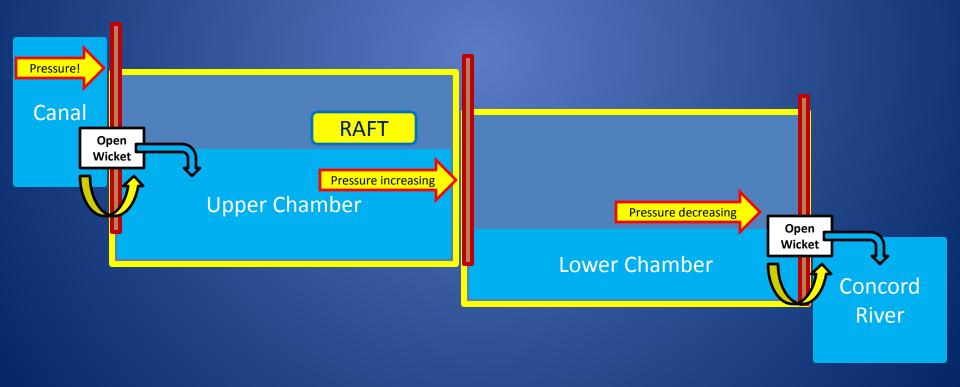
Once the water levels of both chambers are equally balanced, the rafts will move from the Lower Chamber to the Upper Chamber



Open Middle Gates and allow rafts to pass



- Close Middle Gate & Close Middle Gate Wickets for final assent
- Open Lower Gate Wickets to empty the Lower Chamber



1) Bring water levels in both chambers to the same height by controlling the Upper Gate wickets

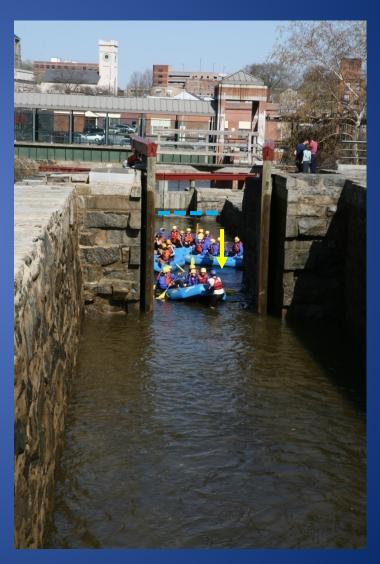




- 3) Allow rafts to pass through Middle Gates
- 4) Close Middle Gates
- 5) Close Middle Gate Wickets







6) Open Lower Gate Wickets.
This prepares for the next trip.





#### Unloading and Lock Chamber Draining

 Keep upper wickets open to raise water level in upper chamber



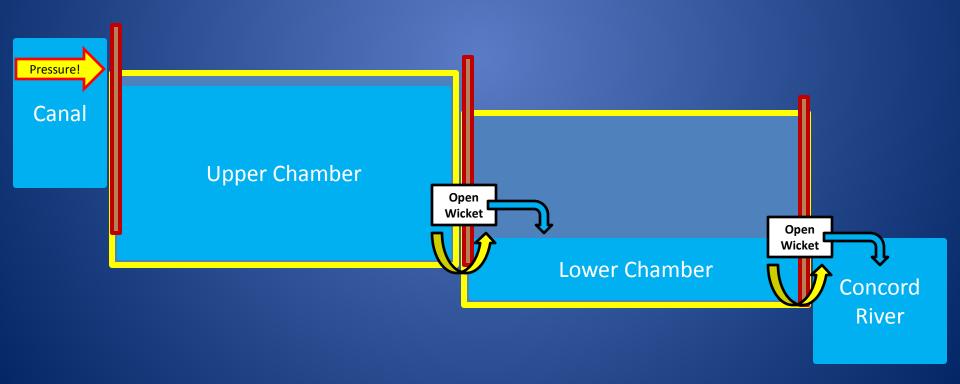
#### LP&CT Ambassadors!

While they are waiting...

- Location: confluence of the Concord and Merrimack Rivers
- Entered the Lower Locks of the Pawtucket Canal
- A portion of whitewater rafting proceeds will support the work of LPC&T to protect land along the Concord River, including the Concord River Greenway
- Thank the rafters for supporting LP&CT and riding with Zoar Outdoor
- Tip part

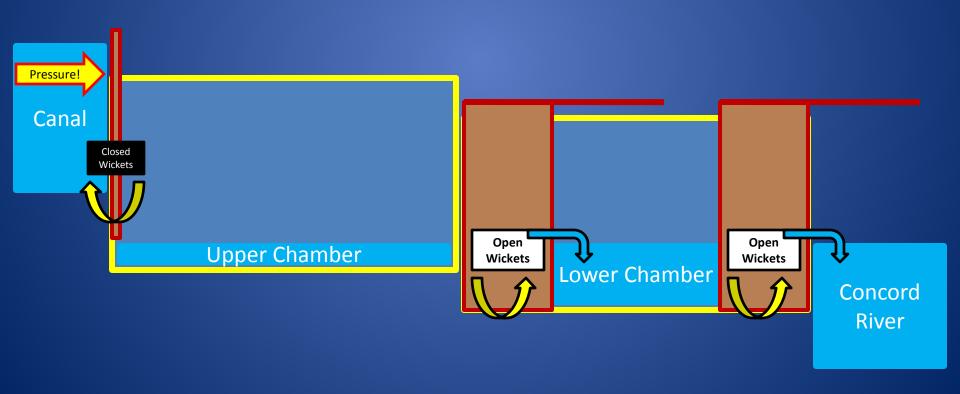
#### **Unloading and Lock Chamber Draining**

- Allow rafters to unload
- Close Upper Gate Wickets
- Open Middle Gate Wickets and ensure Lower Gate Wickets are open



#### **Unloading and Lock Chamber Draining**

- Upper Gates and Upper Gate Wickets should be closed
- Everything below should be left open (gates & wickets)
- All equipment should be returned to the proper storage location.



#### Reminder: Safety First

#### Safety is our first priority:

- PFDS
- Closed toed shoes with good traction
- Safety equipment, such as a throw bag
- All wicket gates should be CLOSED immediately if a rafter or lock tender falls into the lock chamber.
- "Sticky wicket": Always keep at least one hand on the iron lock key if it is attached to an open wicket gate. Wicket gates can close "voluntarily" without warning.
- Do not put yourself between the wooden gate arm and the top of lock chamber wall in the direction the gate is moving.
- Advise all spectators to stay behind the green fence.
- Think Safety First! Call 911 in the event of an emergency.
- Watch out for yourself and those around you.
- The location of lock tending is behind the UMass Lowell Inn & Conference Center at 50 Warren Street, Lowell, MA 01852.

# We couldn't do it without you, our faithful volunteers! Thank you!







## Lowell Parks & Conservation Trust and Zoar Outdoor kindly thank our programming partners and volunteers for their support in making this program possible:

- UMass Lowell Inn & Conference Center
- Lowell National Historical Park
- Lowell Heritage State Park
- Olsen (Hydro-) Electric Company
- Lower Locks Parking Garage
- And of course our much appreciated and devoted LOCK TENDERS!



